

## About Mark Potter



Coach Potter inspires and challenges audiences with his real story of victory over severe depression. In his presentations, he shares his story of overcoming obstacles and even suicidal thoughts.

It is Mark's desire to share stories of victory and ways to help employees, business owners, and executives reach their greatest potential. In addition to his insights on leadership, accountability, integrity, and teamwork, Potter's story shows perseverance over a disease that is not openly talked about.

He shares practical ideas to help everyone train their brain and be able to practice mental health and wellness strategies. As a 30-year head coaching veteran, he saw students coming to college without tools to battle life situations and the adversity that comes with it. The greatest tool a player, coach or businessman has, is the brain. He shares practical strategies that can be implemented immediately. Mark wants to impact the audience by giving them material for maximum brain training.

Potter has been coach of the year five times and named top 15 most influential people in the Wichita sports world. He's been inducted into the Cowley College Hall of Fame, the Newman University Hall of Fame, and most recently, the Wichita Sports Hall of Fame. The basketball court at Newman University was named 'The Potter Family Court' in 2013.

## Mark's Key Takeaways



Let Mark take you where most people won't go. He will make you think about your next move and help you mentally prepare for what happens next!

- Know how to deal with **pressure, failure** or **embarrassment**
- Be able to document your **negative thoughts**
- Process your controllable **goals**

**For that inspiring, thought-provoking experience, Book Mark for your next event or meeting!**

Call 316-640-9059

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Connect with Mark on:

